



HEALTHYCARE CATALOGUE

Get **cash back** on thousands of
HealthyCare items at Clicks.



Look after yourself and your family and get cash back on HealthyCare products

Discovery Vitality brings you the HealthyCare benefit to make taking care of yourself and your family easier by giving you cash back on a range of HealthyCare items.

Get cash back on thousands of HealthyCare items

You can earn cash back at Clicks when you buy items listed in the HealthyCare catalogue. Remember to swipe your Clicks ClubCard at any till before the cashier rings up your items to earn cash back on HealthyCare items. Cash back is converted to loyalty points and paid on your Clicks ClubCard.

All Vitality members 18 years and older who activate the HealthyCare benefit and are Clicks ClubCard members qualify for up to 10% cash back on HealthyCare products. As a Vitality member, you can increase your cash back to up to 25% if you and your spouse (if applicable) find out your Vitality Age and complete a Vitality Health Check at any Clicks clinic or any pharmacy in the Vitality Wellness Network. You need to complete both assessments every 12 months to keep your cash back at up to 25%.

All KeyFIT members 18 years and older who activate the HealthyCare benefit qualify for up to 10% cash back on HealthyCare products. As a KeyFIT member, you can increase your cash back to up to 15% if you and your spouse (if applicable) do a Vitality Health Check. You can do so at any Clicks clinic or any pharmacy in the Vitality Wellness Network.

Members on medical scheme plans administered by Discovery Health can get up to 10% cash back on thousands of HealthyCare items at Clicks. You can also claim up to R750 for selected fitness devices from your day-to-day benefits when buying selected health and fitness devices.

One device per member a year, if applicable to your Medical Scheme plan and if you have funds available.

Important to remember when using this catalogue

Products in this catalogue depend on supplier availability and may only be available at certain Clicks stores. The products in the HealthyCare range may be replaced and changed from time to time. This catalogue will be kept updated and the qualifying items clearly marked in Clicks stores.














Check back regularly for the most updated list on www.discovery.co.za



HOW TO USE THIS CATALOGUE

This HealthyCare catalogue lists the products that qualify for the HealthyCare benefit. Use this catalogue as your guide to making HealthyCare choices when shopping at Clicks. The items included in the HealthyCare benefit below are all directly used for preventive care.

The HealthyCare benefit is made up of thousands of products that are divided into different product categories:

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Baby care

Baby accessories (excludes bottles, feeding cups and teats)

Avent breast pump

Avent soothers

Baby care pillow

Baby safety baby-on-board sign

Clicks baby

- Changing mat
- Corner cushion
- Coverall
- Feeding accessories
- Hair accessories
- Manicure set
- Weaning accessories

Clicks

- Breast pump
- Potty accessories
- Soother accessories
- Soothers
- Teething accessories

Disney pacifier

Disposable feeding accessories

Made-for-baby soothers

Made-for-baby weaning accessories

Milton mini soother sterilisers

Nuk soothers

TT

- Easy grip cutlery
- Explora plastic plate
- Feeding accessories
- Magic mat
- Manual breast pump
- Teethers
- Weaning accessories

Baby cleansing products

Babyderm baby bath products

Cetaphil cleanser for babies

Clicks baby

- Aqueous soaps
- Body wash
- Conditioners
- Oils
- Powders
- Shampoos

Elizabeth Anne

- Baby hair oils
- Baby oils
- Baby powder
- Baby shampoo
- Baby soaps
- Laundry wash
- Stain removal

Feelgood baby nature massage oils

Johnson's

- Baby bath products
- Baby conditioner
- Baby oil
- Baby powder
- Baby shampoo
- Baby soap

Karvol decongestants

Milton

- Sterilising fluid
- Sterilising surface trigger spray
- Tablets mini

Mitefree laundry additive

Oh So Heavenly

- Baby wash
- Mum and cherub baby body wash
- Mum and cherub baby oils
- Mum and cherub baby shampoos
- Mum and cherub hand wash
- Mum and cherub mum bathing accessories

Pedia kids gum and tooth gel

Skinsano Fuller's Earth

So Pure dummy sterilizer

So Pure nursery disinfectant

Sterilon sterilising liquid

Sterritab tablets



Baby medicines

Ashton and Parsons teething powder

Baby's Own products

Bennetts

- Aqueous bath drops
- Mozzie stick
- Nose aspirator

Bepanthen ointment

Calpol paediatric syrup

Clicks baby medical kit

Colief infant drops

Dilinct junior syrup

Feelgood baby nature calming and soothing products

Karvol

- Baby cradle cap cream
- Baby vapor gel
- Decongestants

Mite free allergen spray

Muthi wenyoni antacid mixtures

Panado paediatric and infant products

Pansoral teething gel

Pedia kids

- Cough syrup
- Nasal spray
- Teething gel
- Throat pop

Peela babies stomach mixture

Phipps milk of magnesium

Probiflora paed sachets

Salex paediatric spray

Similisans earache products for children

Skinsano multipurpose ointment

Sterimar baby products

Teejel gel

Teethe eaze ointment

Telament paediatric products

Woodwards gripe water

Baby Creams

Baby and kids epizone A creams

Baby and kids epizone E ointments

Babyderm body lotions

Babyderm nappy creams

Bennetts aqueous creams

Bennetts baby bum creams

Clicks bum creams

Clicks aqueous creams

Clicks baby

- Aqueous baby soaps
- Aqueous creams
- Lotions
- Petroleum jelly

Clicks zinc and castor oil cream

Elizabeth Anne

- Baby cream assorted
- Baby jelly assorted
- Baby lotion assorted
- Petroleum jelly assorted
- Pure glycerine

Fissan baby bum cream

Fissan paste assorted

Happy event lotion

Happy event cream

Johnson's

- Aqueous cream assorted
- Baby jelly
- Baby lotion
- Babysoft lotion and cream

Nutraderm moisturiser for babies

Oh So Heavenly mum and cherub

- Baby aqueous creams
- Baby body lotions
- Baby bum creams
- Baby petroleum jellies
- Mum body lotions

Sudocrem bum cream

Vaseline petroleum jellies

Vaseline pj babysoft



Maternity care

Bennetts nipple cream

Carriwell

- Breast soother
- Expander belt
- Maternity bras assorted
- Maternity pads
- Preggy belly bands

Clicks

- Disposable maternity briefs
- Disposable breast pasds
- Maternity pads
- Nipple cream
- Stretch mark cream

Elizabeth Anne nipple cream

Elizabeth Anne stretch mark cream

Lansinoh nipple creams

Medac

- Preggie pouches
- Preggie socks
- Tummy tuckers

Oh So Heavenly mum and cherub

- Belly butter
- Bust treatment
- Leg and foot spray
- Nipple cream
- Stretch mark cream
- Stretch mark oil

Palmers

- Firming cocoa butter
- Stretch mark lotions
- Tummy butter

Pigeon disposable breast pads

Nappies

Clicks baby nappy sacks

Pampers nappies assorted

Wipes

Clicks baby wipes assorted

Clicks toddler wipes assorted

Eye care baby wipes

Johnson & Johnson baby wipes assorted

Pamper baby wipes assorted



Chronic Care

Home diagnostic tests and accessories

Accu-check

- Active strips
- Performa strips
- Softclix lancets
- Testing devices
- Testing strips
- Active kit

Clearblue ovulation test kit

Clearblue pregnancy test kit

Clicks

- Easy max testing strips
- Home diagnostic iron test
- Home diagnostic prostate test
- Home diagnostic thyroid test
- Home pregnancy test
- Ovulation tests

Contour

- Plus 50 strips
- Plus kit
- TS strips

One touch test strips

Predictor Early home pregnancy test



Medical accessories

Clicks pill cutters

Clicks pill organisers assorted

Medical incontinence

Clicks

- Adult diapers assorted
- Adult pads assorted
- Adult pants assorted
- Underpads assorted

Molicare adult pads assorted

Molicare adult diapers assorted

Tena

- Flex adult diapers assorted
- Flex adult pads assorted
- Lady adult pads assorted
- Men protective underwear assorted
- Protective underwear assorted

Monitoring devices

Accu-check performa kit

Braun

- Blood pressure monitor
- Lens filter protective cap
- Thermometers assorted
- Themoscan compact

Clicks

- Blood pressure monitor
- Easy max glucometer
- Thermometers accessories
- Thermometers assorted
- Ultrasonic humidifier

Gmate smart blood glucose monitoring system

Laica

- Blood pressure monitors
- Humidifiers
- Scales

Tensoval

- Mobil wrist monitor
- Duo control blood pressure monitor
- Monitors

Therموال duo scan

Vicks

- Humidifiers assorted
- Thermometer gentle touch
- Vaporisers

Clinical Services

Mother and baby wellness

Primary healthcare services

Screening tests



Dental Care

(excludes toothpicks)

Dental floss

Clicks

- Branded dental floss picks
- Branded floss
- Dental flosser for kids
- Dental tape
- Floss picks
- Super floss

Colgate dental products

Oral B dental products

Denture care

Clicks

- Brand dental adhesive creams
- Brand dental cleaning tablets
- Denture bath

Oral B 3D white powder toothbrush

Interdental

Clicks brand dental products

Mouth wash and sprays

Clicks

- Mouthwashes assorted
- Kids mouthwashes
- Sensitive mouthwashes
- Whitening mouthwashes



Colgate

- Plax dental rinse
- Mouth washes assorted
- Optic white mouth washes
- Sensitive mouth washes
- Total mouth washes assorted

Listerflour kids mouthwash

Listerine

- Mild mouthwashes
- Mouthwashes
- Total mouthwashes assorted
- Zero mouthwashes

Toothbrushes

Clicks

- Manual toothbrushes
- Adult massager toothbrushes
- Battery brushes
- Battery toothbrushes replacement heads
- Deep clean toothbrushes
- Denture brush
- Electric toothbrushes
- Family toothbrushes
- Interdental brushes
- Interdentals
- Kiddies battery power toothbrush
- Kiddies manual toothbrushes
- Ling handle toothbrushes
- Orbit sensitive toothbrushes

- Super clean wave toothbrushes
- Tooth and tongue toothbrushes

Colgate

- 360 toothbrushes
- Max fresh toothbrushes
- Slim soft toothbrushes
- Toothbrushes
- Travel kits
- Twister toothbrushes
- Whitening toothbrushes

Oral B

- 3 effects toothbrushes
- Advantage toothbrushes
- Electric toothbrushes
- Manual toothbrushes
- Power kids battery toothbrushes
- Power toothbrushes
- Pro expert toothbrushes

Toothpaste

Clicks brand dental products

Colgate dental products

Emergency Care

Antiseptic liquids and ointments

8-Trek drawing ointment

Aquashield chaffing cream

Arthro Guard Active rub

BC 56 cream

Betadine ointment

Bettaway aloe vera skin gel

Clicks

- Arnica gel
- Arnica massage oil
- Arnica soothing gel
- Hygiene liquid
- Muscle rub

Cuticura ointments

Cuticura herbal ointments

Deep freeze gels

Deep freeze sprays

Deep heat

- Arnica massage oils
- Arnica massage gels
- Rubs

Dermadine ointment

Dettol antiseptic liquids

Dettol fresh hygiene liquid

Dr Lee pain relief patches

Dr Lee pain relief sprays

Germolene antiseptics

Herbaforce graze and wound powders

Heel Traumeel gel



Herbalice cooling gels

Iceman cooling gels

Icyhot creams

Icyhot scent gels

Jointeze

- Massage oil 125ml
- Sport freeze spray
- Warming gel sport

Moov rapid relief ointments

Savlon antiseptic liquid

Savlon antiseptic creams

Sister Jenny muscle cream

Sister Jenny multi-purpose muscle

Smith & Nephew jelonet

Vataforce arnica massage oil

Virata wintergreen medicated ointment

Virata zinc ointment

Vitaforce active arnica massage oil

Wart freezer

Wartner wart remover

Yunnan Baiyao anti-inflammatory aerosol

Bandages, dressings and plasters

Band aid plasters

BSN

- Triple cross
- Boil plasteric
- Leuko band elastic adhesive bandages
- Leukocrepe cotton crepe bandage
- Softcrepe bandage

Burnshield dressings

Clicks

- Bandage clips
- Burn dressing
- Children colour plasters
- Cotton balls
- Cotton cosmetic puffs
- Cotton wool
- Elastic adhesive bandage
- Fabric knuckle and fingertips
- Fabric plasters assorted
- First aid dressings
- Hydrocolloid plasters
- Instant cold packs
- Non-sterile gauze assorted
- Progauze sterile swabs
- Reusable ice and hotpack
- Rolled cotton
- Safety pins
- Sheer strips
- Soft surgical tapes stretch conform bandages
- Triangular bandage calico
- Water shield strips
- Wound strips

Deep heat odourless patches

Dove

- Cosmetic wipes
- Cotton buds and cotton rounds
- Cotton wool ear buds
- Hygiene wipes

Elastoplast assorted plasters

Elastoplast kiddies plasters

Hydrofilm

Icyhot patches

Kroko medicated corn plasters

KT tape fast pack assorted

Levetrade burnshield hydrogel

Micropore dressing tape assorted

Nexcare absolute tape assorted

Nexcare non-stick pads

Prostrap kino strips

Reparil ice wrap bandage

Smith & Nephew

- OpSite Flexifix
- Bactigras

Soffcrepe

Therapearl

- Back wrap
- Contour pack
- Knee wrap
- Sports pack



TLC cotton pads rounds
Vitabiotics jointace patches

First Aid

Clicks

- Bandage scissors
- Burn kits
- Eye pads
- First aid kits
- First aid mask
- Latex gloves
- Mini cuts and grazes kit
- Pink eye shield
- Rescue blanket adult

Deep freeze cold patch pouch

Levtrade gloves

Zambuk herbal ointments

Medical accessories

Clicks

- Medicine dropper
- Metal forceps
- Resuscitation aid mouthpiece
- Syringes

Slings and supports

BSN sport wraps

Clicks

- Ankle supports
- Back brace
- Knee supports
- Wrist supports

Orthofit

- Ankle braces assorted
- Elbow braces assorted
- Knee braces assorted
- Universal wrist support

Orthogrip natural

Eye Care

Eye cleansing products

Bausch & Lomb

- Contact solution
- Lens lubricant
- Renu multi solution
- Saline solution

Boston

- Advance cleaner
- Advance condition solution
- Eye cleansing solution
- Simplus solution

Lens solution

Renu contact solution

Eye drops

Bausch & Lomb moisture drops

Celluvisc eye drops

Refresh liquigel lubricant eye drops 15ml

Similisan assorted

Glasses

Readwell glasses

Fitness and Wellbeing

Clicks essential Omega 3 fatty acids

Clicks

- Healthbasics omega 3
- Healthbasics salmon oil
- Omega 3
- Salmon oil

Clicks Multivitamin-mineral supplements

Clicks

- Healthbasics multivitamins 50+
- Healthbasics multivitamins men's
- Healthbasics multivitamins women's
- Multivitamin A to Z
- Multivitamin A to Z mature
- Multivitamin kids chews
- Multivitamin kids gummies
- Multivitamin kids syrup
- Multivitamin women



Multivitamin men

Exercise accessories

BSN dynasport senior mouthguard

Shock Doctor

- Anti-microbial mouthguard case
- Mouthguard gel
- Pro adult mouthguard

Water filters

Bobble

- Jug filter
- Water filter jugs
- Water filters assorted

Brita

- Aluna cool water filter jug
- Classic replacement filter cartridge
- Marella water filter jugs
- Single maxtra filter cartridges



Foot and Hand Care

Anti-fungal

Mycota cream

Creams

Clicks

- Conditioning foot butters
- Cooling foot and leg gels
- Exfoliating foot scrubs
- Heel balm
- Moisturising hand cream
- Nourishing intensive hand cream
- Q10 hand cream
- Repairing heel balm
- Tissue oil hand and nail cream

Dr Sole

- Anti-peeling foot creams
- Foot butters
- Foot creams
- Heel balms assorted

Epi-max junior and baby cream

Eulactol tube heel balms

Karoo heel balm

Kroko corn and callus ointment

Kroko heel balm

Oh So Heavenly

- Foot creams
- Foot scrubs
- Foot heel repair creams
- Foot overnight treatments
- Footspa no more rough stuff callus softener

Pedi relax diabetic foot cream

Perspirex hand and foot lotions

Pharmacare ointment

Recharge your Feet diabetic

Virata foot cream

Implements

Clicks

- Corn and callus blades
- Corn and callus cutter
- Exfoliating foot mask
- Nail brushes
- Pedicure angled toenail clipper
- Pumice cuticle nipper
- Pumice stones
- Nail clippers

Dr Sole rough skin remove

Scholl hard skin and callus file

Scholl skin stone



Titania

- Corn plasters with corn protector
- Double-sided foot callus file
- Foot files
- Formed callus file
- Pumice sponge

Triad orthotic inserts women's

Powders and sprays

Clicks

- Foot powders
- Odour control foot powder
- Refreshing footspray

Dr Sole deodorising foot powder

Dr Sole foot and shoe spray

Germolene medicated footspray

Johnson's antiseptic powder

Karoo foot powder

Karoo foot spray

Mycota foot powder

Odor eaters

- Anti-perspirant deo
- Foot powder
- Sport foot and shoe spray

Oh So Heavenly marine minerals foot powder

Virata foot powder

Supports and inserts

Clicks

- Corn cushions
- Flip flop gel cushions
- Gel heel grips
- Insoles
- Oval gel foot cushions
- Pedicure callus cushions
- Suede heel grips

Kroko cushioned corn protectors

Odor eaters insoles

Profoot

- Miracle custom moulding insoles
- Super sport arch support mens
- Triad orthotic insert mens
- Vita gel corn wraps
- Vita gel corn protector

Scholl cushioned inserts assorted

Over-the-counter (schedule 1 and 2) medicine

Schedule 1 medicine

Schedule 2 medicine



Products to help stop smoking

Nicorette gum assorted

Nicotine replacement therapy



Selected Fitness Devices

Fitbit

Fitbit Aria

Fitbit Flex

Fitbit One

Fitbug

Fitbug Orb

Fitbug Wow scale

Fitbug Zip

Jawbone

Jawbone Up

Jawbone Up24

Polar

Polar FT7

Polar H7

Polar Loop



Self Care

Clicks branded condoms assorted

Ear and nose care

Similisan ear drops

Sinutab saline nasal spray

Feminine hygiene

Clicks

- Applicator tampons
- Intimate washes
- Intimate wipes
- Panty liners
- Sanitary pads
- Tampons
- Ultra towels with wings assorted

Lil-lets

- Panty liners
- Intimate washes assorted
- Intimate wipes assorted
- Sanitary pads assorted
- Tampons assorted
- Tampons with applicator assorted

Hair care medicated

Clear shampoo

Clicks

- Anti-dandruff shampoos
- Family conditioner

- Family shampoo
- Hair rescue intense nourishment
- Hair rescue overnight therapy
- Hair rescue serums
- Kids detangling shampoo

Controlice head rinse

Controlice triple combs

Denorex shampoo and conditioner

Denorex shampoo

Dr Miracles 2 in 1 anti dandruff shampoos

Dr Miracles damaged medicated treatment

E45 shampoos dry scalp

Eucerin replenish scalp treatment

Eucerin replenish shampoo

Gill shampoo

Head & Shoulders conditioners

Head & Shoulders shampoos

Sunsilk braid spray anti-dandruff

Vigro anti-dandruff bio shampoos

Self-cleansing products

Clicks

- Kids hand wash
- Aqueous cream bar
- Beauty hand washes refill
- Beauty liquid hand washes assorted
- Beauty soaps assorted

- Hand sanitisers
- Hygiene refills
- Hygiene hand sanitisers
- Hygiene wipes
- Skincare hand wash assorted
- Soaps

Savlon hygiene soaps

Savlon soap

Strawberry hand sanitiser

Self medication

Bayer aspirin

Benylin Mucus Relief wet cough syrup

Benylin Mucus Relief syrup

Citro-Soda

Clicks

- Mercurochrome solution
- Nasal inhaler
- Paracetamol
- Saline spray
- Surgical spirit

Disprin

- Cardiocare
- Extra strength
- Melts

Ecotrin tablets

Eno fruit salts

Fybogel



Gaviscon liquid
Gaviscon tablets
Grand-pa powders
Grand-pa paracetamol tablets
Linctagon

- Lozenges
- Junior effervescent cranberry
- Throat lollies
- Viral defence junior syrup

Med Lemon
Panado

- Capsules
- Tablets
- Effervescent tablets

Probiflora assorted
Prospan cough syrup
Prospan effervescent cough tablets
Rehidrat assorted
Rennies
Reuterina

- Chewable tablets
- Drops
- Femme capsules
- Junior

Senokot laxative tablets
Similisan nasal sprays
Snoremeds mouthpiece

Strepsils throat lozenges
Vaporiser scent pads
Vicks vapo pads
Viral guard oral throat spray
Woods

- Cherry lozenges
- Cough syrup child
- Peppermint lozenges

Medicated skin care

Atoderm lip balm
Blistex lip balm
Clicks

- Aqueous body creams
- Camphor cream
- Glycerine
- Lip balm medicated
- Pay less petroleum jelly

E45

- Bath oils
- Creams
- Body lotions
- Shower creams

Epi-max body creams
Epi-max lotions
Epizone A body creams
Epizone E ointments

Eucerin Ato Control acute care cream
Ingrams

- Camphor aloe vera body
- Camphor lotions
- Herbal lotions

Vitamin E lip care sticks
Zambuk lip balms
Zambuk herbal ointment

Sun Care

After sun

Amber Solaire after sun spray
BTS Labs suncare after sun lotion
Everysun after sun gel
Everysun after sun lotion
Nivea after sun lotion
Nivea sun after sun spray
Piz Buin after sun lotion
Piz Buin after sun spray
Sunprotect after sun spray
Techniblock after sun
Tropitone after sun gel
Vichy Capital Soleil after sun



Sun cream

Ambre Solaire

- Clear spray
- Face cream
- Kids spray
- Lotion
- Oil
- Sun milk

Bariesun SPF50 cream

BTS Labs sun cream

- Spray
- Children's spray
- Face spray
- Lotion spray

Elizabeth Arden sun protect

Elizabeth Arden sun stick

Eucerin

- Face sunscreen
- Sun fluid
- Sunscreen

Everyday Sun

- Babies milk
- Family lotion
- Family spray
- Family stick
- Kids lotion

IQ daily defence sunscreen

New Vitamin E moisture lotion SPF15

New Vitamin C daily moisturiser SPF30

Nivea

- Invisible spray
- Kids
- Light lotion
- Sun cooling mist
- Sun spray

Photo ultra fluid

Photoderm

- Kid sun milk
- Sun cream
- Sun milk

Piz Buin

- Face cream
- Lotion
- Spray
- Allergy lotions
- Allergy sprays
- Wet skin sprays

Seaweed Mattifying Moisture Lotion SPF 15

SoleiSP face creams

Sunprotect

- Face sun screen
- Kids lotion
- Kids spray
- Kids stick
- Sport stick
- Spray

Techniblock

- Kids spray
- Cream
- Sun protection sprays and lotions

Tropitone

- Spray
- Face
- Lotion
- Water babies sunscreen milk

Uriage Bariésun

Vichy

- Body oil spray
- Capital Soleil sun milk
- Capital Soleil sunscreen

Discovery has worked closely with its partners to ensure the products included are safe and promote healthier lifestyle. Every effort has been made to choose the best quality products to promote overall health and wellness. Discovery Vitality (Pty) Ltd is not responsible for any allergic reactions, damages or losses arising out of the improper use, or misuse of any of the products in the HealthyCare range.

Terms and conditions apply. For more information, please visit www.discovery.co.za or call 0860 99 88 77.

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