

Vitality families enjoy so many rewards for getting healthy and active together

Meet the Fishers. Bob and Claire have two children, Michael (aged 14) and Sarah (aged 6). The family is on Gold Vitality status and Bob and Claire each have a Discovery Card. They love to get active and there is now more opportunity for them to earn points and get rewarded together.

Claire completes a Kids Vitality Health Review for Michael and Sarah to learn more about their overall health. They each earn **2000 points** and get to watch **free movies** before 7pm at Ster-Kinekor.



Claire takes them for their Kids Vitality Health Checks and they each earn **2500 points**.



Michael and Sarah go for dental check-ups and each earn **2000 points**.



Michael signs up at the gym and gets a **free membership**. He also earns **100 points** per workout.



The whole family goes for a **free parkrun** and earns **1200 points** altogether.



Claire takes Sarah to have her eyes checked at the optometrist and earns **2000 points**.



Michael signs up for Junior Team Vitality and earns **50% cash back** on the entry fee for the Slow Mag 5km fun run.



TEAM VITALITY

Sarah and Michael have their vaccinations and earn **1500 points**. (Flu shot for Michael – 1000 points and full set of vaccinations for Sarah – 500 points).



Claire goes shopping for healthy ingredients for Michael and Sarah's school lunch boxes and gets **25% cash back** – with HealthyFood.

The whole family goes to watch the latest Disney movie at Ster-Kinekor. Michael and Sarah's tickets are free while Bob and Claire pay only R35 per ticket – **R229.40 saving**.



Bob and Claire buy Sarah a kid's bicycle for her birthday from Toys R Us and get 20% cash back – **R70.00 cash back**.



Bob activates HealthyGear and gets 25% cash back on cricket gloves, a helmet and stumps for Michael – **R262.50 cash back**



Bob books a family holiday with a travel package to Cape Town – **R6806.00 saving**.



Flights



Accommodation



Car hire

Total savings = **More than R7367.90!**