

Chronic Illness Benefit medicine list (Provisional Formulary) 2024

Who we are

The BMW Employees Medical Aid Society (referred to as "BEMAS"), registration number 1526, is the medical scheme that you are a member of. This is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for BEMAS.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the BMW Employees Medical Aid Society rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. You must make sure that you know these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

BEMAS and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

For more information call us on 0860 002 107 or visit www.bemas.co.za

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2024 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Medicine class

This describes medicine that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.

The Chronic Disease List (CDL) medicine list (formulary) for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R150	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/250; 50/500
				Sereflo DPI 60 dose 50/100; 50/250
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Escitalopram	Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydus Fluoxetine 20mg
				Sertraline
			Serlife 50mg; 100mg	
	Tralidep 50mg; 100mg	Carbamazepine	Degranol 200mg	
			Tegretol CR 200mg; 400mg	
			Zeptol 200mg	
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
Nezolap 5mg; 10mg				
Olandus 5mg; 10mg				
Oleanz 5mg; 10mg				
Olexar 5mg; 10mg				
Zolanz 5mg; 10mg				
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus 10mg; 15mg
				Aripiprazole Mylan 5mg; 10mg; 15mg
				Aripiprazole Teva 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Cardiac failure	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
				Lisinopril and diuretics
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 10/2.5mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
				Enalapril
			Enalapril Arya 5mg; 10mg; 20mg	
			Enalapril Unicorn 5mg; 10mg; 20mg	
			Hypace 5mg	
			Natrapress 10mg; 20mg	
			Tenezil 10mg; 20mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
	Vectoryl 4mg; 8mg			
	Zyace 4mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokot 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
Sartoc-co 50/12.5mg; 100/25mg				
Zartan co 50/12.5mg; 100/25mg				
Telmisartan and diuretics			Co-Telza 40/12.5mg; 80/12.5mg	
			Telpres Plus 40/12.5mg; 80/12.5mg	
			Tesar co 40/12.5mg; 80/12.5mg	
			Ticarda Plus 40/12.5mg; 80/12.5mg	
	Tremistan Plus 40/12.5mg; 80/12.5mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R100	Angiotensin II antagonists: Combinations	Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg	
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg	
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg	
				Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg
					Losartan Macleods 50mg; 100mg
					Normoten 50mg; 100mg
					Zaario 50mg; 100mg
					Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg	
			Valsartan	Adco-Valsartan 80mg; 160mg	
				Niosar 80mg; 160mg	
				Regoval 80mg; 160mg	
				Valheft 80mg; 160mg	
				Vasovan 80mg; 160mg	
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
				Hyperphen 10mg; 50mg	
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
				Biloblok 5mg; 10mg	
				Bisbeta 5mg; 10mg	
				Bislo 5mg; 10mg	
				Emcor 5mg; 10mg	
				Presicard 5mg; 10mg	
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg	
Diuresix 40mg					
Furobe 40mg					
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg		
			Ridaq 12.5mg		
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg		
			Catexan 2.5mg		
			Cipla-Indapamide 2.5mg		
			Mylan Indapamide 2.5mg		
R120	Potassium sparing agents	Spironolactone	Spiractin 25mg		
			Spironolactone 25 Kiara 25mg		
R110	Potassium supplements	Potassium chloride	Ultipot 600mg		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 10/2.5mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
			Vectoryl Plus 4/1.25mg	
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
Carvetrend 6.25mg; 12.5mg; 25mg				
Rubitrend 12.5mg; 25mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
			R110	Angiotensin II antagonists: Plain
	Losartan	Annin 50mg; 100mg		
		Austell Losartan 50mg; 100mg		
		Losartan Accord 50mg; 100mg		
		Losartan Macleods 50mg; 100mg		
		Normoten 50mg; 100mg		
		Zaario 50mg; 100mg		
		Zartan 50mg; 100mg		
	Telmisartan	Telpres 40mg; 80mg		
	Valsartan	Adco-Valsartan 80mg; 160mg		
		Niosar 80mg; 160mg		
		Regoval 80mg; 160mg		
		Valheft 80mg; 160mg		
		Vasovan 80mg; 160mg		
	R85	Anti-thrombotic agents: Vitamin K antagonists		
			Segavin 5mg	
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
Coprin 100mg				
Myoprin 100mg				
R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Biloblok 5mg; 10mg	
			Bisbeta 5mg; 10mg	
			Bislo 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R70	Beta blocking agents: Selective	Bisoprolol	Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
Spironolactone 25 Kiara 25mg				
R110	Potassium supplements	Potassium chloride	Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	
			Glenbute 200 dose 100mcg	
	Ventimax CFC free 200 dose 100mcg			
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
	Circator Plus 4/1.25mg			
	Pearinda Plus 4/1.25mg; 8/2.5mg			
	Perindopril co Unicorn 4/1.25mg			
	Prexum Plus 10/2.5mg			
	Spec-Perindopril Plus 4/1.25mg			
	Trexeva Plus 5/1.25mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Vectoryl Plus 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
				Lisinopril
			Liso 5mg; 10mg; 20mg	
			Lizro 5mg; 10mg; 20mg	
			Sinopren 5mg; 10mg; 20mg	
			Perindopril	Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
Zartan co 50/12.5mg; 100/25mg				
Telmisartan and diuretics			Co-Telza 40/12.5mg; 80/12.5mg	
			Telpres Plus 40/12.5mg; 80/12.5mg	
			Tesar co 40/12.5mg; 80/12.5mg	
			Ticarda Plus 40/12.5mg; 80/12.5mg	
			Tremistan Plus 40/12.5mg; 80/12.5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R100	Angiotensin II antagonists: Combinations	Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
				Losartan
			Austell Losartan 50mg; 100mg	
			Losartan Accord 50mg; 100mg	
			Losartan Macleods 50mg; 100mg	
			Normoten 50mg; 100mg	
			Zaario 50mg; 100mg	
			Zartan 50mg; 100mg	
			Telmisartan	Telpres 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
				Regoval 80mg; 160mg
				Valheft 80mg; 160mg
				Vasovan 80mg; 160mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
				Fortihem ampoule 5ml 20mg/1ml
				Innofer ampoule 5ml 100mg/5ml
				Rautevene ampoule 5ml 100mg/5ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml				
Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml				
Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml				
Erythropoietin			Epex pre-fill 2000U/0.5ml; 4000U/0.4ml	
Methoxy polyethylene glycol-epoetin beta			Mircera pre-filled syringe 0.3ml 50mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 75mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 100mcg/0.3ml	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R3 340	Other anti-anaemic preparations	Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 120mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 250mcg/0.3ml	
			Roxadustat	Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg	
	R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
				Coprin 100mg	
				Myoprin 100mg	
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg	
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg	
				B-Block 50mg; 100mg	
				Tenopress 50mg; 100mg	
				Bisoprolol	Adco-Bisacor 5mg; 10mg
					Biloblok 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo 5mg; 10mg
					Emcor 5mg; 10mg
	Presicard 5mg; 10mg				
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
			Verapamil	Verahexal 240 SR 240mg	
				Verapamil 40 Oethmaan 40mg	
	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodac 5mg; 10mg	
				Amlodipine Kiara 5mg; 10mg	
				Aprate 5mg; 10mg	
				Austell-Amlodipine 5mg; 10mg	
				Besyloc 5mg; 10mg	
				Ciplavasc 5mg; 10mg	
				Vasloc 5mg; 10mg	
Felodipine			Felodipine Kiara 5mg; 10mg		
Nifedipine			Cipalat Retard 20mg		
			Cipalat XR 30mg; 60mg		
			Fedaloc SR 30mg; 60mg		
	Fidocare XL 30mg; 60mg				
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg		
		Isosorbide mononitrate	Ismo 20mg		
			Monicor SR 60mg		
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Crohn's disease	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
			Sulfasalazine	Salazopyrin 500mg
		Salazopyrin EN 500mg		
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Diabetes insipidus	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720			
	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml
				Novorapid - penfill 3ml
			Insulin Glulisine	Apidra - cartridge 3ml
		Insulin Lispro	Humalog - cartridge 3ml	
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml
			Insulin Degludec and Insulin Aspart	Ryzodeg - penfill 3ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml
				Humalog mix 50 - cartridge 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
			Insulin Glargine	Optisulin - cartridge 3ml
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active
				Accu check test strip glucose instant
				Glucocheck evolve test strip
Glucocheck key test strip				
Onetouch select plus test strips				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R200	Blood glucose monitoring agents	Glucose strips	Test strip blood glucose clicks bionime gs550	
				Test strip blood glucose on call plus	
				Test strip blood glucose on call sure	
				Test strip freestyle optimum glucose	
				Test strip glucocheck connect	
				Test strip glucose blood fora 6	
				Test strip glucose caresens n 29g	
				Test strip glucose contour plus	
				Test strip glucose contour ts	
				Test strip glucose fora diamond blood	
				Test strip glucose vivachek ino	
	R350	Surgical item	Lancets	Lancet blood collection needle loris	
				Lancet fora collection needle sterile 30g	
				Lancet fora tender needle sterile 33g	
				Lancet freestyle test	
				Lancet glucocheck novicheck	
				Lancet solus v2	
				Lancet unilet sterile 28g	
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g	
				Microlet lancet	
				Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
			BD micro fine plus pen needle 32g 4mm		
			Droplet pen needle 8mm 31g		
			Needle insulin fora pen 31g 5mm		
			Needle insulin fora pen 31g 8mm		
			Needle insulin fora pen 32g 4mm		
			Needle insulin fora pen 32g 6mm		
			Needle insulin pen verifine 4mmx10cmx15cm 32g		
			Needle insulin pen verifine 4mmx10cmx15cm 33g		
			Needle novofine		
			Syringes	Syringe insulin 1.0ml with 27g needle	
				Syringe insulin bd microfine 12.7mm 1ml 9g	
Syringe insulin bd microfine 1ml 8mm 30g					
Syringe insulin bd microfine 8mm demi 0.3ml 30g					
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
				Apex-Metformin 500mg	
				Austell-Metformin 500mg; 850mg	
				Bigsens 500mg; 850mg; 1000mg	
				Carbuce 500mg; 850mg; 1000mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Mengen 500mg; 850mg; 1000mg	
				Mylan Metformin 500mg; 850mg; 1000mg	
				Romidab 500mg; 850mg; 1000mg	
	Please note that an overall monthly limit applies to Insulins across the different Insulin classes				
	The overall monthly limit is R720				
	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	
				Novorapid - penfill 3ml	
				Insulin Glulisine Apidra - cartridge 3ml	
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro Humalog - cartridge 3ml		
			Insulin Human Diabulyl 30/70 - cartridge 3ml		
			Insulin Degludec and Insulin Aspart Ryzodeg - penfill 3ml		
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Lispro Humalog mix 25 - cartridge 3ml		
			Insulin Lispro Humalog mix 50 - cartridge 3ml		
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir Levemir - pre-filled cartridge 3ml		
			Insulin Glargine Optisulin - cartridge 3ml		
	R140	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagen MR 60mg	
				Diagluclide MR 60mg	
				Diaran MR 30mg	
				Dynacaz MR 30mg; 60mg; 90mg	
				Gliclazide MR Austell 30mg; 60mg	
				Gliclazide Unicorn MR 30mg	
				Gluctam MR 60mg	
				Glyzid MR 30mg; 60mg	
	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg	
				Pioglitazone hydrochloride Macleods 15mg; 30mg	
R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg		
			Coprin 100mg		
			Myoprin 100mg		
R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active		
			Accu check test strip glucose instant		
			Glucocheck evolve test strip		
			Glucocheck key test strip		
			Onetouch select plus test strips		
			Test strip blood glucose clicks bionime gs550		
			Test strip blood glucose on call plus		
			Test strip blood glucose on call sure		
			Test strip freestyle optium glucose		
			Test strip glucocheck connect		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R200	Blood glucose monitoring agents	Glucose strips	Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose vivachek ino
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novichack
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
				Needle insulin pen verifine 4mmx10cmx15cm 32g
				Needle insulin pen verifine 4mmx10cmx15cm 33g
			Needle novofine	
			Syringes	Syringe insulin 1.0ml with 27g needle
Syringe insulin bd microfine 12.7mm 1ml 9g				
Syringe insulin bd microfine 1ml 8mm 30g				
Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Dysrhythmia	R700	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R370	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisacor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
				R35
Lanoxin paediatric/geriatric syrup 0.05mg/1ml				
R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg	
			Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R115	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg				
Serinem 25mg; 50mg; 100mg; 200mg				
Levetiracetam			Dyna Levetiracetam 250mg; 500mg; 750mg	
			Epikepp 250mg; 500mg; 750mg	
			Leveseize XR 500mg; 750mg; 1000mg; 1500mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Epilepsy	R325	Anti-epileptics: Other agents	Levetiracetam	Levetiracetam Unicorn 250mg; 750mg	
				Redilev 250mg; 500mg; 750mg	
			Topiramate	Epimate 25mg; 50mg; 100mg	
				Epitoz 25mg; 50mg; 100mg	
				Toplep 25mg; 50mg; 100mg; 200mg	
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
Glaucoma	R210	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml	
				Dorzolamide	Glaucompress 5ml 2%
			Trusopt 5ml owi 2%		
	R210	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 2.5ml 0.01%	
				Latanoprost	Atana 2.5ml 50mcg/1ml
				Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
				Travoprost	Travatan 2.5ml 0.004%
	R210	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml	
				Brimoct 5ml 2mg/1ml	
	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%	
				Timoptol-xe 2.5ml 0.5%	
	R270	Anti-glaucoma Beta blocking agents: Timolol combinations	Timolol, combinations	Azarga 5ml	
				Brimoct co 5ml 2mg/5mg	
				Co-Atana 2.5ml	
				Combigan 5ml 2mg/5mg	
Duotrav 2.5ml					
Ganfort 3ml					
Glaumide-co 5ml					
Glauopt co 5ml					
Ocudor co 5ml					
Xalacom 2.5ml					
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg	
				Adco-Prolief 500mg	
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Fibtin 500mg	
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	
				Octanate vial 5ml 250U	
				Octanate vial 10ml 500U; 1000U	
			Coagulation factor IX	Haemosolvex IX 500U	
				Octanine F vial 30ml 500U; 1000U	
	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg	
				Ddavp nasal spray 5ml 0.1mg/1ml	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength			
Hyperlipidaemia	R195	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg			
	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg			
	R275	Lipid modifying agents: Fibrates		Bezafibrate	Bezalip Retard 400mg		
					Sandoz Bezafibrate 400mg		
	R45	Lipid modifying agents: Statins		Atorvastatin	Aspavor 10mg; 20mg; 40mg		
					Astor 10mg; 20mg; 40mg		
					Cholmin 10mg; 20mg; 40mg		
					Dezzolip 10mg; 20mg; 40mg; 80mg		
					Dynator 10mg; 20mg; 40mg; 80mg		
					Lestavor 10mg; 20mg; 40mg		
					Lipogen 10mg; 20mg; 40mg; 80mg		
					Vasmak 10mg; 20mg; 40mg; 80mg		
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg		
					Austell-Simvastatin 10mg; 20mg; 40mg		
					Choleste 10mg; 20mg; 40mg		
					Cipla-Simvastatin 10mg; 20mg; 40mg		
Simcard 10mg; 20mg							
Simvacor 10mg; 20mg; 40mg							
Hypertension	R130	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg			
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg			
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg			
	R90	ACE inhibitors and diuretics	Enalapril and diuretics		Acenten 20/12.5mg		
					Lisinopril and diuretics		Adco-Zetomax co 10/12.5mg; 20/12.5mg
							Perindopril and diuretics
			Circator Plus 4/1.25mg				
			Pearinda Plus 4/1.25mg; 8/2.5mg				
			Perindopril co Unicorn 4/1.25mg				
			Prexum Plus 10/2.5mg				
			Spec-Perindopril Plus 4/1.25mg				
			Trexeva Plus 5/1.25mg				
Vectoryl Plus 4/1.25mg							
R185	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide		Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg			
				Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg		
R75	ACE inhibitors: Plain	Captopril		Bio-Captopril 25mg			
				Mylan Captopril 25mg; 50mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R75	ACE inhibitors: Plain	Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
	Reprex 4mg; 8mg			
	Vectoryl 4mg; 8mg			
	Zyace 4mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R195	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg
				Calsar 5/80mg; 5/160mg; 10/160mg
				Dafiro 5/160mg; 10/160mg
				Gemvalaz 5/160mg; 10/160mg
				Tensoforj 5/160mg; 10/160mg
				Valvasc 5/160mg; 10/160mg
				Zyvasc 5/160mg; 10/160mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokot 50/12.5mg; 100/25mg
Losaar Plus 50/12.5mg; 100/25mg				
Losartan comp Biotech 50/12.5mg; 100/25mg				
Sartoc-co 50/12.5mg; 100/25mg				
Zartan co 50/12.5mg; 100/25mg				
Telmisartan and diuretics				Co-Telza 40/12.5mg; 80/12.5mg
			Telpres Plus 40/12.5mg; 80/12.5mg	
			Tesar co 40/12.5mg; 80/12.5mg	
			Ticarda Plus 40/12.5mg; 80/12.5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Tremistan Plus 40/12.5mg; 80/12.5mg	
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg	
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg	
	R210	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg	
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet	150mg; 300mg
				Losartan	Annin
			Austell Losartan		50mg; 100mg
			Losartan Accord		50mg; 100mg
			Losartan Macleods		50mg; 100mg
			Normoten		50mg; 100mg
			Zaario		50mg; 100mg
			Zartan		50mg; 100mg
			Telmisartan	Telpres	40mg; 80mg
			Valsartan	Adco-Valsartan	80mg; 160mg
				Niosar	80mg; 160mg
				Regoval	80mg; 160mg
				Valheft	80mg; 160mg
	Vasovan	80mg; 160mg			
	R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen	1mg; 4mg
				Urodoxa	4mg
	R200	Anti-adrenergic agents: Methyl dopa	Methyl dopa	Hypotone	250mg
				Timucen	250mg
	R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine	0.25mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara	25mg
				Hyperphen	10mg; 50mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol	50mg; 100mg
				B-Block	50mg; 100mg
Tenopress				50mg; 100mg	
Bisoprolol			Adco-Bisacor	5mg; 10mg	
			Biloblok	5mg; 10mg	
			Bisbeta	5mg; 10mg	
			Bislo	5mg; 10mg	
			Emcor	5mg; 10mg	
Presicard	5mg; 10mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R70	Beta blocking agents: Selective	Bisoprolol	Presicard 5mg; 10mg	
	R110	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg	
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg	
				Diuresix 40mg	
				Furobe 40mg	
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
				Ridaq 12.5mg	
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Catexan 2.5mg	
				Cipla-Indapamide 2.5mg	
				Mylan Indapamide 2.5mg	
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
				Spironolactone 25 Kiara 25mg	
	R110	Potassium supplements	Potassium chloride	Ultipot 600mg	
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
				Verapamil	Verahexal 240 SR 240mg
					Verapamil 40 Oethmaan 40mg
	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodac 5mg; 10mg	
				Amlodipine Kiara 5mg; 10mg	
				Aprate 5mg; 10mg	
				Austell-Amlodipine 5mg; 10mg	
				Besyloc 5mg; 10mg	
				Ciplavasc 5mg; 10mg	
Vasloc 5mg; 10mg					
Felodipine				Felodipine Kiara 5mg; 10mg	
Nifedipine			Cipalat Retard 20mg		
			Cipalat XR 30mg; 60mg		
			Fedaloc SR 30mg; 60mg		
			Fidocare XL 30mg; 60mg		
Hypothyroidism	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg	
Multiple sclerosis	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg	
				Amitriptyline HCl Kiara 25mg	
				Gulf Amitriptyline 25mg	
				Trepiline 10mg	
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg	
				Oxyrest 5mg	
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml	
Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml					

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R7 700	Interferons	Interferon Beta-1A	Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Parkinson's disease	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Kinect 1mg
				Rasapar 1mg
R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
			Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
	Methocaps 25mg			
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
	Roxifen 20mg			
	R50	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
Betaprofen FC 400mg				
Bren 400mg				
Ibucine 200mg; 400mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R50	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Ibunate 200mg
				Ibusor 200mg
			Naproxen	Napinflam 250mg
				Naproscript 250mg
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R880	Intestinal anti-inflammatory agents: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg
				Ravalef 10mg; 20mg
Rheumalef 10mg; 20mg				
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife 50mg; 100mg
	Tralidep 50mg; 100mg			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
Zeptol 200mg				
R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
			Convulex syrup 250mg/5ml	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Qesara 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
Alebon 5mg; 10mg; 15mg				
Aprizon 5mg; 10mg; 15mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Aridus 10mg; 15mg
				Aripiprazole Mylan 5mg; 10mg; 15mg
				Aripiprazole Teva 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
				Rispacor 0.5mg; 1mg; 2mg; 3mg
				Rispide 0.5mg; 1mg; 2mg
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg				
Zoxadon ODT 0.5mg; 1mg; 2mg				
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
			R65	Anti-inflammatory agents: Oxicams
	Coxflam 7.5mg			
	Flexocam 7.5mg			
	Medoxicam 7.5mg			
	Piroxicam	Pyrocaps 20mg		
		Roxifen 20mg		
	R50	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
Naproxen			Napinflam 250mg	
			Naproscript 250mg	
R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
			Segavin 5mg	
R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
			Coprin 100mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Myoprin 100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
Topivate cream 0.1%				
Vari-Betamethasone cream 0.1%				
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R880	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
			Sulfasalazine	Pentasa 500mg
				Pentasa suppository 1000mg
				Salazopyrin 500mg
	R1 940	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Salazopyrin EN 500mg
				Entocord enema 0.02mg/1ml
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	

The Chronic Disease List (CDL) Enhanced medicine list (formulary) for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Astelair 4mg; 5mg; 10mg
				Kulair 4mg; 5mg; 10mg
				Maclutek 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
			Fluticasone	Fluticasone OTC Teva 120 dose 50mcg
Cardiac failure	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg
				Daglif 10mg
				Sagalatin 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R385	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
				Neumotropio 30 inh capsules with zephir inhaler
				Tiores 30 inh capsules with zephir inhaler
				Tiotor 30 inh capsules with zephir inhaler
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/250; 50/500
Sereflo DPI 60 dose 50/100; 50/250				
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix 75mg
				Clovexa 75mg
				Plagrol 75mg
Diabetes mellitus Type 2	R245	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
				R710
	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
				Zomvil 50mg
	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg
				Daglif 10mg
				Sagalatin 10mg
	Multiple sclerosis	R6 160	Cytokines and immunomodulators - Other	Glatiramer acetate
Copaxone pre-filled pen 1ml 40mg/1ml				
R6 160		Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
				Myelenea 0.5mg
R5 795		Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
				Auberif 14mg
	Teriflunomide 14 Teva 14mg			
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 100mg; 200mg
				Celecoxib Unicorn 100mg; 200mg
				Colcibra 100mg; 200mg
				Coxep 100mg; 200mg
				Coxleon 100mg; 200mg
				Cyretib 100mg; 200mg
				Vexicop 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 100mg; 200mg
				Celecoxib Unicorn 100mg; 200mg
				Colcibra 100mg; 200mg
				Coxep 100mg; 200mg
				Coxleon 100mg; 200mg
				Cyretib 100mg; 200mg
				Vexicop 100mg; 200mg

Vaccines

Members approved for Cardiac failure or Cardiomyopathy will have cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23) in a lifetime, claimed at least one year apart.

Members approved for Cardiac failure or Cardiomyopathy or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic Obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcus vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime

Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 610	Insulin pump reservoirs and infusion sets

Complaints process

You may lodge a complaint or query with BMW Employees Medical Aid Society directly on 0860 002 107 or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following BMW Employees Medical Aid Society's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.co.za. Customer Care Centre: 0861 123 267/website www.medicalschemes.co.za