

## Chronic Illness Benefit medicine list (Formulary) 2025

### Who we are

The BMW Employees Medical Aid Society (referred to as "BEMAS"), registration number 1526, is the medical scheme that you are a member of. This is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for BEMAS.

### Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the BMW Employees Medical Aid Society rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. You must make sure that you know these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

BEMAS and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

### Nominate a primary care provider to manage your chronic condition(s)

There is overwhelming medical evidence that patients experience improved health outcomes when their primary care is coordinated through a single primary care GP. In line with this best practice, starting 1 January 2025, you and your dependants need to nominate a primary care GP for the effective management of your chronic conditions.

When you visit your nominated network GP for the management of your chronic condition, we'll cover the consultation at 100% of the Society Rate. If you see a GP who is not your nominated primary care GP, or your nominated GP is not a network GP, you will be responsible for any co-payments. You and your dependants can change your nomination three times every calendar year.

For more information call us on 0860 002 107 or visit [www.bemas.co.za](http://www.bemas.co.za)

## Explanation of terms

### **Active ingredient**

This is the main substance in a medicine that is responsible for the clinical action on a human body.

### **Benefit year**

A benefit year refers to the benefits you are entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2025 only.

### **Chronic Disease List (CDL)**

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

### **Chronic Drug Amount (CDA)**

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

### **Medicine class**

This describes medicine that have similar chemical structures or similar therapeutic effects.

### **Prescribed Minimum Benefit (PMB) conditions**

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.

## The Chronic Disease List (CDL) medicine list (formulary) for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R250	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R170	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Aeromide 300 dose 200mcg
				Budeflam HFA 300 dose 100mcg; 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250
				Sereflo DPI 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
				Spirodisc 60 dose 50/100; 50/250; 50/500
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Tamomilt 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Escitalopram	Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Tralidep 50mg; 100mg
			R385	Anti-epileptics: Carboxamide derivatives
	Partid 200mg			
	Tegretol CR 200mg; 400mg			
	Zeptol 200mg			
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamorola 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg	
R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg	
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
			Nezolap 5mg; 10mg	
			Olandus 5mg; 10mg	
			Olexar 5mg; 10mg	
			Zolanz 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Quesara XR 150mg; 200mg; 300mg; 400mg
				Quetz 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
				Rispacor 0.5mg; 1mg; 2mg; 3mg
				Rispide 0.5mg; 1mg; 2mg
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg				
Zoxadon ODT 0.5mg; 1mg; 2mg				
Bronchiectasis	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Cardiac failure	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
				Perindopril and diuretics
			Pearinda Plus 4/1.25mg; 8/2.5mg	
			Perdotor Plus 4/1.25mg	
			Perindopril co Unicorn 4/1.25mg	
			Prexum Plus 5/1.25mg; 10/2.5mg	
			Trexeva Plus 5/1.25mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Vectoryl Plus 4/1.25mg
	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril	Enalapril Arya 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
	Ran-Perindopril 4mg			
	Reprex 4mg; 8mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Rubitrend 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
				Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Trobet 150mg; 300mg
			Losartan	Annin 50mg; 100mg
Austell Losartan 50mg; 100mg				
Losartan Accord 50mg; 100mg				
Losartan Macleods 50mg; 100mg				
Normoten 50mg; 100mg				
Zaario 50mg; 100mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R110	Angiotensin II antagonists: Plain	Losartan	Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
				Tesminol 40mg; 80mg
				Ticarda 40mg; 80mg
				Valsartan
			Niosar 80mg; 160mg	
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
Cipla-Indapamide 2.5mg				
Dapril 2.5mg				
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
			Spironolactone 25mg Accord 25mg	
			Spironolactone 25 Kiara 25mg	
R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
				Enalapril
			Hypace 5mg	
			Natrapress 10mg; 20mg	
			Tenezil 10mg; 20mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
	Ran-Perindopril 4mg			
	Reprex 4mg; 8mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Rubitrend 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
				Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Tremistan Plus 40/12.5mg; 80/12.5mg
Niosar co 80/12.5mg; 160/12.5mg; 160/25mg				
Regoval co 80/12.5mg; 160/12.5mg; 160/25mg	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
			Trobet 150mg; 300mg	
R110	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg	
			Austell Losartan 50mg; 100mg	
		Losartan Accord 50mg; 100mg	Losartan Accord 50mg; 100mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R110	Angiotensin II antagonists: Plain	Losartan	Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
				Tesminol 40mg; 80mg
				Ticarda 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
				Warfarin 5mg Austell 5mg
				Warfarin 5 Unicorn 5mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
Cipla-Indapamide 2.5mg				
Dapril 2.5mg				
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
			Spironolactone 25mg Accord 25mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R120	Potassium sparing agents	Spironolactone	Spironolactone 25 Kiara 25mg
	R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg Monicor SR 60mg
Chronic obstructive pulmonary disease (COPD)	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
	Vectoryl Plus 4/1.25mg			
	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril	Enalapril Arya 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
Ran-Perindopril 4mg				
Reprex 4mg; 8mg				
R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg	
			Austell Losartan co 50/12.5mg	
			Co-Normoten 50/12.5mg; 100/25mg	
			Hylokat 50/12.5mg; 100/25mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Chronic renal disease	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
				Zartan co 50/12.5mg; 100/25mg		
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg		
				Telpres Plus 40/12.5mg; 80/12.5mg		
				Tesar co 40/12.5mg; 80/12.5mg		
				Ticarda Plus 40/12.5mg; 80/12.5mg		
				Tremistan Plus 40/12.5mg; 80/12.5mg		
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg		
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg		
				Trobet 150mg; 300mg		
			Losartan	Annin 50mg; 100mg		
				Austell Losartan 50mg; 100mg		
				Losartan Accord 50mg; 100mg		
				Losartan Macleods 50mg; 100mg		
				Normoten 50mg; 100mg		
				Zaario 50mg; 100mg		
				Zartan 50mg; 100mg		
			Telmisartan	Telpres 40mg; 80mg		
				Tesminol 40mg; 80mg		
				Ticarda 40mg; 80mg		
			Valsartan	Adco-Valsartan 80mg; 160mg		
				Niosar 80mg; 160mg		
			R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
						Biloblok 5mg; 10mg
	Bilocor 5mg; 10mg					
	Bislo 5mg; 10mg					
	Bisoprolol Unicorn 5mg; 10mg					
	Emcor 5mg; 10mg					
	Presicard 5mg; 10mg					
	R300	Calcium supplements	Calcium carbonate	B-cal		
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
Gulf Folic acid 5mg						
R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg			
R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml			
			Equifer ampoule 5ml 100mg/5ml			
			Fortihem ampoule 5ml 20mg/1ml			
			Innofer ampoule 5ml 100mg/5ml			
			Rautevene ampoule 5ml 100mg/5ml			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
			Erythropoietin	Epex pre-fill 2000U/0.5ml; 4000U/0.4ml
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml
	Mircera pre-filled syringe 0.3ml 250mcg/0.3ml			
Roxadustat	Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg			
R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilacor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
	Presicard 5mg; 10mg			
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
			Verapamil	Verahexal 240 SR 240mg
Verapamil 40 Oethmaan 40mg				
R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
			Amlodac 5mg; 10mg	
			Amlodipine Unicorn 5mg; 10mg	
			Amtas 5mg; 10mg	
			Aprate 5mg; 10mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Austell-Amlodipine 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Pendine 5mg; 10mg
				Vasloc 5mg; 10mg
			Felodipine 5mg; 10mg	
			Nifedipine	Adalat XL 30mg
				Cipalat Retard 20mg
				Cipalat XR 30mg; 60mg
				Fedaloc SR 30mg; 60mg
	Fidocare XL 30mg; 60mg			
	Gitsalat 30mg			
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
				Ismo 20mg
Isosorbide mononitrate			Monicor SR 60mg	
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
				Salofalk 1500mg
			Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R2 220	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
Methotrexate 2.5mg				
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Diabetes insipidus	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddvp nasal spray 5ml 0.1mg/1ml
				Minirin melt 60mcg; 120mcg; 240mcg
Diabetes mellitus Type 1	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720</b>			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R400	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	
				Novorapid - penfill 3ml	
				Insulin Glulisine	Apidra - cartridge 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Degludec and Insulin Aspart	Ryzodeg - penfill 3ml	
			Insulin Lispro	Humalog mix 25 - cartridge 3ml	
				Humalog mix 50 - cartridge 3ml	
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
			Insulin Glargine	Optisulin - cartridge 3ml	
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin	100mg
				Myoprin	100mg
				Trinprin	100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active	
				Accu check test strip glucose instant	
				Contour plus blood glucose test strips	
				Contour ts blood glucose test strips	
				Glucocheck evolve test strip	
				Glucocheck key test strip	
				On call plus blood glucose strips	
				On call sure blood glucose test strips	
				Onetouch select plus test strips	
				Test strip blood glucose clicks bionime gs550	
				Test strip freestyle optimum glucose	
				Test strip glucocheck connect	
				Test strip glucose blood fora 6	
				Test strip glucose caresens n 29g	
	Test strip glucose fora diamond blood				
	Test strip glucose vivachek ino				
	R350	Surgical item	Lancets	Lancet blood collection needle loris	
				Lancet fora collection needle sterile 30g	
Lancet fora tender needle sterile 33g					
Lancet freestyle test					
Lancet glucocheck novicheck					
Lancet solus v2					
Lancet unilet sterile 28g					
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g					
Microlet lancet					
Needles			BD micro fine plus pen needle 30g 8mm		
			BD micro fine plus pen needle 31g		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R350	Surgical item	Needles	BD micro fine plus pen needle 32g 4mm	
				Droplet pen needle 8mm 31g	
				Needle insulin fora pen 31g 5mm	
				Needle insulin fora pen 31g 8mm	
				Needle insulin fora pen 32g 4mm	
				Needle insulin fora pen 32g 6mm	
				Needle insulin pen verifine 4mmx10cmx15cm 32g	
				Needle insulin pen verifine 4mmx10cmx15cm 33g	
			Syringes	Needle novofine	
				Syringe insulin 1.0ml with 27g needle	
				Syringe insulin bd microfine 12.7mm 1ml 9g	
				Syringe insulin bd microfine 1ml 8mm 30g	
				Syringe insulin bd microfine 8mm demi 0.3ml 30g	
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
				Apex-Metformin 500mg	
				Bigsens 500mg; 850mg; 1000mg	
				Carbuce 500mg; 850mg; 1000mg	
				Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Mylan Metformin 500mg; 850mg; 1000mg	
				Romidab 500mg; 850mg; 1000mg	
	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720</b>				
	R400	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	
				Novorapid - penfill 3ml	
			Insulin Glulisine	Apidra - cartridge 3ml	
			R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Degludec and Insulin Aspart
	Insulin Lispro	Humalog mix 25 - cartridge 3ml			
Humalog mix 50 - cartridge 3ml					
R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml		
		Insulin Glargine	Optisulin - cartridge 3ml		
R125	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diaran MR 60mg		
			Dynacaz MR 30mg; 60mg; 90mg		
			Gliclazide MR Austell 60mg		
			Gliclazide Unicorn MR 30mg		
			Gluctam MR 60mg		
			Glyzid MR 30mg; 60mg		
R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg		
			Pioglitazone hydrochloride Macleods 15mg; 30mg		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active
				Accu check test strip glucose instant
				Contour plus blood glucose test strips
				Contour ts blood glucose test strips
				Glucocheck evolve test strip
				Glucocheck key test strip
				On call plus blood glucose strips
				On call sure blood glucose test strips
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optium glucose
				Test strip glucocheck connect
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
				Test strip glucose fora diamond blood
	Test strip glucose vivachek ino			
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
				Needles
			BD micro fine plus pen needle 31g	
BD micro fine plus pen needle 32g 4mm				
Droplet pen needle 8mm 31g				
Needle insulin fora pen 31g 5mm				
Needle insulin fora pen 31g 8mm				
Needle insulin fora pen 32g 4mm				
Needle insulin fora pen 32g 6mm				
Needle insulin pen verifine 4mmx10cmx15cm 32g				
Needle insulin pen verifine 4mmx10cmx15cm 33g				
Needle novofine				
Syringes	Syringe insulin 1.0ml with 27g needle			



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	Surgical item	Syringes	Syringe insulin bd microfine 12.7mm 1ml 9g
				Syringe insulin bd microfine 1ml 8mm 30g
				Syringe insulin bd microfine 8mm demi 0.3ml 30g
Dysrhythmia	R700	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R380	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
				R85
	Segavin 5mg			
	Warfarin 5mg Austell 5mg			
	Warfarin 5 Unicorn 5mg			
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
				Trinprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bislo 5mg; 10mg
R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg	
			Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
			Tegretol CR 200mg; 400mg	
			Zeptol 200mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Epilepsy	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
				Convulex syrup 250mg/5ml	
				Epilim crushable 100mg	
				Eprolep CR 200mg; 300mg; 500mg	
				Navalpro CR 200mg; 300mg; 500mg	
				Navalpro liquid 200mg/5ml	
				Rubilim CR 200mg; 300mg; 500mg	
				Valeptic CR 300mg; 500mg	
	R130	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Lamitor 25mg; 50mg; 100mg; 200mg	
				Lamorola 25mg; 50mg; 100mg; 200mg	
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg	
				Serinem 25mg; 50mg; 100mg; 200mg	
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg	
				Epikepp 250mg; 500mg; 750mg	
				Levetiracetam Unicorn 250mg; 750mg	
			Topiramate	Epimate 25mg; 50mg; 100mg	
				Epitoz 25mg; 50mg; 100mg	
Toplep 50mg; 100mg; 200mg					
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
			Gulf Folic acid 5mg		
Glaucoma	R235	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml	
				Dorzolamide	Glaucompress 5ml 2%
				Trusopt 5ml owi 2%	
	R275	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 2.5ml 0.01%	
	R260	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml	
	R495	Anti-glaucoma agents: Prostaglandin analogues	Latanoprostene Bunod	Vyzulta 5ml 0.24mg/1ml	
	R300	Anti-glaucoma agents: Prostaglandin analogues	Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml	
	R275	Anti-glaucoma agents: Prostaglandin analogues	Travoprost	Travatan 2.5ml 0.004%	
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%	
				Alphagan purite 5ml 1.5mg/1ml	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Glaucoma	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml	0.5%
				Timoptol 5ml	0.5%
				Timoptol-xe 2.5ml	0.5%
	R270	Anti-glaucoma Beta blocking agents: Timolol combinations	Timolol, combinations	Aglatan 2.5ml	
				Azarga 5ml	
				Brimoct co 5ml	2mg/5mg
				Co-Atana 2.5ml	
				Combigan 5ml	2mg/5mg
				Duotrav 2.5ml	
				Ganfort 3ml	
				Glauaide-co 5ml	
				Glauopt co 5ml	
				Glauptico 3ml	
				Ocudor co 5ml	
Optitrin					
Timpromat 3ml					
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket	500mg
				Adco-Prolief	500mg
	R440	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron	500mg
				Fibtin	500mg
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII	300U; 500U; 1000U
				Octanate vial 5ml	250U
			Coagulation factor IX	Octanate vial 10ml	500U; 1000U
				Haemosolvex IX	500U
	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddvp nasal spray 5ml	0.1mg/1ml
				Minirin melt	60mcg; 120mcg; 240mcg
Hyperlipidaemia	R190	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg	
	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg	
	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard	400mg
				Sandoz Bezafibrate	400mg
	R45	Lipid modifying agents: Statins	Atorvastatin	Aspavor	10mg; 20mg; 40mg
				Dezzolip	10mg; 20mg; 40mg
				Vasmak	10mg; 20mg; 40mg; 80mg
			Simvastatin	Austell-Simvastatin	10mg; 20mg; 40mg
				Choleste	10mg; 20mg; 40mg
				Cipla-Simvastatin	10mg; 20mg; 40mg
Lipidex	10mg; 20mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hyperlipidaemia	R45	Lipid modifying agents: Statins	Simvastatin	Roltesim 10mg; 20mg; 40mg
				Simcard 10mg; 20mg
Hypertension	R125	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Amlessa 4/5mg; 4/10mg; 8/5mg; 8/10mg
				Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
				Teprilam 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
				Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
	R180	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
				Perindopril and Bisoprolol
	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
				Enalapril
			Hypace 5mg	
			Natrapress 10mg; 20mg	
			Tenezil 10mg; 20mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
	Ran-Perindopril 4mg			
	Reprex 4mg; 8mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
Rubitrend 6.25mg; 12.5mg; 25mg				
R190	Angiotensin II antagonists and calcium channel blockers	Telmisartan and Amlodipine	Mizart Plus 40/5mg; 40/10mg; 80/5mg; 80/10mg	
			Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg	
			Tesdyn 40/5mg; 40/10mg; 80/5mg; 80/10mg	
		Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg	
			Calsar 5/80mg; 5/160mg; 10/160mg	
			Dafiro 5/160mg; 10/160mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R190	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Forgevasc 5/160mg; 10/160mg
				Gemvalaz 5/160mg; 10/160mg
				Tensoforj 5/160mg; 10/160mg
				Valduo 5/160mg; 10/160mg
				Valvasc 5/160mg; 10/160mg
				Zyvasc 5/160mg; 10/160mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
				Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg	
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
				Valheft Co 160/12.5mg; 160/25mg
	R205	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Arlozyb co 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Trobet 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
Telmisartan			Telpres 40mg; 80mg	
			Tesminol 40mg; 80mg	
			Ticarda 40mg; 80mg	
Valsartan			Adco-Valsartan 80mg; 160mg	
			Niosar 80mg; 160mg	
R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg	
			Urodoxa 4mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R200	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Timucen 250mg
	R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilacor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
	Presicard 5mg; 10mg			
	R105	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
Spiractin 25mg				
Spironolactone 25mg Accord 25mg				
Spironolactone 25 Kiara 25mg				
R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	
R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
		Verapamil	Verahexal 240 SR 240mg	
			Verapamil 40 Oethmaan 40mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Pendine 5mg; 10mg
				Vasloc 5mg; 10mg
			Felodipine	Felodipine Kiara 5mg; 10mg
			Nifedipine	Adalat XL 30mg
				Cipalat Retard 20mg
				Cipalat XR 30mg; 60mg
Fedaloc SR 30mg; 60mg				
Fidocare XL 30mg; 60mg				
Gitsalat 30mg				
Hypothyroidism	R30	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg
				Roidace 25mcg; 50mcg; 75mcg; 100mcg
Multiple sclerosis	R100	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg
				Amitriptyline 10mg Austell 10mg
				Amitriptyline HCl Kiara 25mg
				Gulf Amitriptyline 25mg
				Trepiline 10mg
				Veikirin 10mg; 25mg
	R315	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg
				Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	Parkinson's disease	R345	Anticholinergic agents: Tertiary amines	Biperiden

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Parkinson's disease	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
				Kinct 1mg
				Rasapar 1mg
				Razeda 1mg
	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg
				Teva Carbi-Levo 25/100mg; 25/250mg
	Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac
Diclofenac Biotech 25mg				
Diclofenac 50mg Clicks 50mg				
Mylan Diclofenac 25mg; 50mg				
Panamor AT 50mg				
Indomethacin				Betacin 25mg
				Gulf Indomethacin 25mg
		Methocaps 25mg		
R65		Anti-inflammatory agents: Oxycams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
R60		Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Napinflam 250mg
				Naproscript 250mg
R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Gulf Folic acid 5mg	
R880	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	
R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg
				Ravalef 10mg; 20mg
				Rheumalef 10mg; 20mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	Schizophrenia	R130	Anti-depressants: SSRI's	Citalopram
Citalopram 20 Oethmaan 20mg				
Depramil 20mg				
Tamomilt 20mg				
Escitalopram				Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
				Fluoxetine
Zydus Fluoxetine 20mg				
Sertraline				Dyna Sertraline 50mg; 100mg
		Tralidep 50mg; 100mg		
R385		Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
R430		Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
	Eprolep CR 200mg; 300mg; 500mg			
	Navalpro CR 200mg; 300mg; 500mg			
	Navalpro liquid 200mg/5ml			
	Rubilim CR 200mg; 300mg; 500mg			
	Valeptic CR 300mg; 500mg			
R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
			Epitec 25mg; 50mg; 100mg; 200mg	
			Lamitor 25mg; 50mg; 100mg; 200mg	
			Lamorola 25mg; 50mg; 100mg; 200mg	
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg	
			Serinem 25mg; 50mg; 100mg; 200mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Quesara XR 150mg; 200mg; 300mg; 400mg
				Quetz 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
Radzil 5mg; 10mg; 15mg				
Thryve 5mg; 10mg				
R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Diclofenac 50mg Clicks 50mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
	Gulf Indomethacin 25mg			
	Methocaps 25mg			
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Napinflam 250mg
	Naproscript 250mg			
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
Warfarin 5mg Austell 5mg				
Warfarin 5 Unicorn 5mg				
R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg	
			Myoprin 100mg	
			Trinprin 100mg	
R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Gulf Folic acid 5mg	
R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
			Methotrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Systemic lupus erythematosus (SLE)	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
				Topivate cream 0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Gulf Folic acid 5mg	
	R880	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Asacol suppository 500mg	
				Mezavant 1200mg	
				Pentasa 500mg	
				Pentasa suppository 1000mg	
				Salofalk 1500mg	
				Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg	
	R2 220	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml	
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
Methotrexate 2.5mg					
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
			Panafcort 5mg		
			Trolic 5mg		

## The Chronic Disease List (CDL) Enhanced medicine list (formulary) for BMW Employees Medical Aid Society

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Airathon 4mg; 5mg; 10mg
				Astelair 4mg; 5mg; 10mg
				Lumont 4mg; 5mg; 10mg
				Maclutek 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Montelukast lhc 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160	
R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
		Fluticasone	Fluticasone OTC Teva 120 dose 50mcg	
Cardiac failure	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Dapiflo 10mg
				Daptica 10mg
				Duforzig 10mg
				Redifarg 10mg
				Sagalatin 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R435	Adrenergics: Ultra long acting – Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R465	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R325	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Tiotor 30 inh capsules with zelpfir inhaler
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250
Sereflo DPI 60 dose 50/100; 50/250; 50/500				
Sereflo HFA 120 dose 25/50; 25/125; 25/250				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250 Spirodisc 60 dose 50/100; 50/250; 50/500
	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	AvioliX 75mg
				Clovexa 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
Diabetes mellitus Type 2	R330	Anti-diabetic agents: Metformin and Dapagliflozin	Metformin and Dapagliflozin	Synglutra 10/1000mg
	R225	Anti-diabetic agents: Metformin and Sitagliptin	Metformin and Sitagliptin	Metplitin Co 50/850mg; 50/1000mg
	R175	Dipeptidyl peptidase inhibitors: Sitagliptin	Sitagliptin	Metplitin 50mg; 100mg
	R175	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Zomvil 50mg
	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Dapiflo 10mg
				Daptica 10mg
				Duforzig 10mg
				Redifarg 10mg
Sagalatin 10mg				
Dysrhythmia	R700	Anti-thrombotic agents: Direct Thrombin inhibitors: Dabigatran Etxilate	Dabigatran Etxilate	Dabigatran DRL 75mg; 150mg
	R700	Direct factor Xa inhibitors: Apixaban	Apixaban	Apixaban Accord 2.5mg; 5mg
				Apixaban DRL 2.5mg; 5mg
				Eplipix 2.5mg; 5mg
Multiple sclerosis	R6 160	Cytokines and immunomodulators - Other	Glatiramer acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
				Copaxone pre-filled pen 1ml 40mg/1ml
	R4 560	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
				Glomatin 0.5mg
	R4 070	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
				Teriflunomide Adco 14mg
Teriflunomide 14 Teva 14mg				

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 200mg
				Celexii 100mg; 200mg
				Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
				Vexicop 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 200mg
				Celexii 100mg; 200mg
				Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
				Vexicop 100mg; 200mg

### Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 747	Insulin pump reservoirs and infusion sets

### Oxygen

Chronic Disease List condition	Monthly limit amount	Surgical class
Chronic Obstructive pulmonary disease (COPD)	R886	Oxygen Concentrator (Rental)

### Vaccines

Members approved for Cardiac failure or Cardiomyopathy are eligible for lifetime cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23), with the doses claimed at least one year apart.

Additionally, members approved for Cardiac failure, Cardiomyopathy, or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic Obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcus vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime

## Complaints process

You can lodge a complaint or query with BMW Employees Medical Aid Society directly on 0860 002 107 or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you can lodge a formal dispute by following BMW Employees Medical Aid Society's internal disputes process.

Members who wish to approach the Council for Medical Schemes for assistance, can do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za). Customer Care Centre: 0861 123 267/website [www.medicalschemes.co.za](http://www.medicalschemes.co.za)